



Fitness & Lifestyle Coaching
Suite 164, 171-5005 Dalhousie Drive NW,
Calgary, Alberta T3A 5R8

January 20, 2008

Taron Puri
Energy in Motion

RE: 4th Annual Women's Wellness Day

Hello Taron,

I want to thank you for sharing your wonderful message with our audience at the 4th Annual Women's Wellness Day event last week. The feedback that I received from the participants has been overwhelmingly positive. I'm hearing that "Taron kept my attention for every second*and that "Taron made the day for me. I'm waking up every day with an empowered attitude" and "I'm learning to listen to myself again" along with many heartfelt stories about the impact you have had,

Your demonstration with the rods was a turning point for many in the audience who believed that as long as they kept their thoughts unspoken, the thoughts would have a neutral consequence. Big surprises there!

I have requests to bring you back for more! Let's keep in touch about upcoming work that we can do.

Many thanks,

Linda Gee-Hesketh
President