

ENERGY IN MOTION CONSULTANTS
Energy Management Level 1 – April 18-20th, 2005
Australian Institute of Mathematics

Seminar Feedback Form – Energy Management Level 1

On a Scale of 1-5 (5 being RIGHT ON TARGET), Did you find Value in this program?

1 2 3 4 5

Comments:

14 Feedback forms completed – Average rating in percentage was **90%** or 4.5/5

Excellent program with Excellent delivery;

How has your awareness shifted after taking this program?

Now I know I can centre and ground myself & be aware of others; calm, cool & collected; I feel very open; I have more energy and focus, with awareness and tools; increased my understanding of the subject which I did not realize was so powerful; just more awareness; Absolutely my awareness has grown;

What would you like to see more/less of? (ie. Content, pacing, free time; processes; partnered work; more/less of?)

I want more time for MORE!; more partnered work; more examples of how other people have been affected by this process; it was perfect and, I would enjoy more processes and partnered work; I became aware of a powerful being within myself; ongoing follow up; I love the practical applications/proof of what you were saying - there can never be enough of that; more free-time.

What one insight will you take with you from this Program today and commit to applying in your daily living?

Work with more roses; palming – grounding/centering; grounding; balance with centering and grounding; to be grounded and centered on a daily basis; more awareness of me in the light; centering to help balance what life throws at you; love myself more and take time out for myself; I am going to try and perfect the whole lot;
